

SAC hiking scale

LEVEL	PATH	TERRAIN	REQUIREMENTS
T1 Hiking	Well developed, signposted and marked. Somewhat exposed places very well secured.	Flat or slightly inclined. No danger of falling with appropriate behaviour.	No steady footing necessary. Can be walked in trainers. Navigation without a map possible.
T2 Mountain hiking	Continuous route and passage marking.	Steep in parts. Danger of falling not excluded.	Some steady footing Trekking shoes recommended. Basic navigation skills.
T3 Challenging mountain hiking	A footpath is usually available. Exposed places mostly secured with ropes or chains.	Partially exposed areas with danger of falling, gravel plains, pathless steep terrain.	Good steady footing Good trekking shoes. Average navigation skills. Basic Alpine experience.
T4 Alpine walking	Path not necessarily available. Sometimes need to use hands to keep going.	Mostly exposed. Tricky grass heaps, rocky slopes, simple firn fields and snow covered glacier passages.	Familiarity in exposed terrain. Stable trekking shoes. Terrain assessment and good navigation skills. Alpine experience.
T5 Challenging Alpine walking	Often without a path. Individual, simple climbing sections.	Exposed. Challenging terrain, steep rocky slopes, snow covered glaciers and firn fields with danger of slipping.	Mountaineering boots. Secure terrain assessment and very good navigation skills. Good Alpine experience also in high Alpine terrain. Elementary knowledge in handling a pickaxe and rope.
T6 Difficult Alpine walking	Mostly without a path and unmarked. Climbing sections up to II.	Often very exposed. Tricky rocky slopes, snow covered glaciers with increased danger of slipping.	Excellent navigation skills. Proven alpine experience and familiarity with alpine equipment.