## Essential gear for snow routes when mountaineering:

□ Daypack (30 or 40 liters) □ 1 classic mountaineering ice axe □ 1 single rope (minimum 50 meters) □ 1 harness □ 1 ice screw □ 1 v-thread hook □ A Helmet □ A belay device □ Crampons that are properly adjusted and equipped with anti-balling plates □ Mountaineering boots that are warm, waterproof, and crampon-compatible □ Gaiters □ 2 double-length slings and 2 locking carabiners □ A crevasse rescue kit □ Navigation tools: map, altimeter, compass, GPS □ 1 headlamp with fresh batteries □ 1 survival blanket □ 1 pair of warm socks + 1 spare pair □ 1 pair of warm wind-resistant pants □ Technical base layers □ Fleece sweater □ A windbreaker and water resistant jacket (Gore Tex shell) □ Windbreaker and water resistant overpants (Gore Tex shell) □ A warm parka □ 1 pair of lightweight gloves + 1 pair of warm gloves □ 1 beanie or headband □ 1 pair of category 4 sunglasses + 1 spare pair
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<ul> <li>☐ High-protection sunscreen</li> <li>☐ 1 first aid kit</li> <li>☐ Snacks + high-calorie «savory» food</li> </ul>
☐ 1 water bottle ☐ 1 knife

## The basic gear list for a multi-pitch route:

☐ Helmet
☐ Harness
☐ Lanyard
☐ Belay device for double ropes
☐ A set of double or twin ropes
☐ 10 to 14 quickdraws
☐ 3 to 5 slings, 60cm and 120cm
☐ 4 locking carabiners
$\hfill\square$ 1 loop of accessory cord to make a friction hitch such as an autoblock or Prusik
☐ 1 mechanical capture device (such as a TIBLOC) and a progress-capture pulley
(such as a MICROTRAXION) to assist the second
□ 1 ascender to ascend the rope
☐ Cams/nuts and a nut tool if necessary
☐ Gear sling if necessary
☐ Chalk bag
☐ Climbing shoes
☐ Lightweight backpack (20 liters)
☐ Food
□ Drink
☐ Lightweight windbreaker
☐ Knife
☐ Headlamp
☐ Small first aid kit
☐ Topo of the route, map